



# AUTUMN 2024 MENU

For more information about food items, menus, or recipes, please speak to your on-site catering team, or contact our Technical Support Team:

E: [NYES.Catering@northyorks.gov.uk](mailto:NYES.Catering@northyorks.gov.uk) T: (01609) 535324

W: [www.northyorks.gov.uk/schoolmeals](http://www.northyorks.gov.uk/schoolmeals)

**Vegetarian Fresh fruit & yoghurt available with every meal!**



If your child has an allergy or special dietary requirements, please inform your school and our catering team, so we can discuss their needs.



We have highlighted the 14 allergens on our menus to help you make informed decisions.

Some of our recipes include 'may contain' information, but this is not included on our menus. This information is however available on our daily allergen matrix. Please contact your school cook for further information.



**V** = Vegetarian



Our menus are not only tasty, but comply with the Government School Food Standards, meaning they are good for your children too. They will very occasionally need to change due to circumstances beyond our control, so please check with your catering team if your child has any dietary requirements.

Find out if you are eligible to receive free school meals and apply in a matter of minutes by scanning here:

[www.northyorks.gov.uk/free-school-meals](http://www.northyorks.gov.uk/free-school-meals)



Monday

Tuesday

Wednesday

Thursday

Friday

### WEEK 1

Served w/c 2nd Sept, 23rd Sept, 14th Oct, 14th Nov, 2nd Dec, 6th Jan and 27th Jan

- Vegetarian Sausage Roll**
- Vegetarian Cheese Whirl**
- Vegetarian Baked Baby Potatoes**
- Vegetarian Baked Beans**
- Vegetarian Crusty Bread**
- \*\*\*\*\*
- Vegetarian Chocolate Biscuit Bar**

- Chicken Korma**
- Vegetarian Sweet & Sour**
- Vegetarian 50/50 Rice**
- Vegetarian Cauli & Green Beans**
- Vegetarian Naan Bread**
- \*\*\*\*\*

- Vegetarian Autumn Crumble Sponge & Custard**

- Sausage & Yorkshire Pudding**
- Vegetarian Vegetable Nuggets & Yorkshire Pudding**
- Vegetarian Gravy**
- Vegetarian Roast Potatoes**
- Vegetarian Carrots & Broccoli**
- Vegetarian Sliced Wholemeal Bread**
- \*\*\*\*\*
- Vegetarian Jelly & Ice-cream**

- Spaghetti Bolognese**
- Vegetarian Shepherd's Pie**
- Vegetarian Medley of Vegetables**
- Vegetarian Homebaked Garlic Flatbread**
- \*\*\*\*\*
- Vegetarian Cheese & Biscuit**

- Battered Fish**
- Vegetarian Sweet Potato Bake**
- Vegetarian Chips**
- Vegetarian Peas & Sweetcorn**
- Vegetarian Ketchup**
- Vegetarian Homebaked 50/50 Bread**
- \*\*\*\*\*
- Vegetarian Banoffee Mousse Pot**

### WEEK 2

Served w/c 9th Sept, 30th Sept, 21st Oct, 18th Nov, 9th Dec, 13th Jan & 3rd Feb

- Vegetarian Pizza**
- Vegetarian Mexican Veg Burrito**
- Vegetarian Potato Wedges**
- Vegetarian Peas & Sweetcorn**
- \*\*\*\*\*
- Vegetarian Chocolate Brownie**

- Curried Chicken Rice**
- Vegetarian Pasta Bake**
- Vegetarian Carrots & Broccoli**
- Vegetarian Crusty Bread**
- \*\*\*\*\*

- Vegetarian Sticky Toffee Pudding & Custard**

- Minced Beef Pie**
- Vegetarian Broccoli Cheese Bake**
- Vegetarian Gravy**
- Vegetarian Mashed Potatoes**
- Vegetarian Medley of Vegetables**
- Vegetarian Homebaked 50/50 Bread**
- \*\*\*\*\*
- Vegetarian Flapjack**

- Pork Meatballs in a Tomato Sauce with Pasta**
- Vegetarian Sweet Potato & Veg Curry & 50/50 Rice**
- Vegetarian Green Beans & Sweetcorn**
- Vegetarian Homebaked Garlic Bread**
- \*\*\*\*\*
- Vegetarian Jammy Shortbread**

- Fish Star with Chips**
- Vegetarian Cheesy Bean Loaded Potato Skins**
- Vegetarian Chips**
- Vegetarian Ketchup**
- Vegetarian Sweetcorn & Peas**
- Vegetarian Crusty Bread**
- \*\*\*\*\*
- Vegetarian Chocolate Orange Mousse Cake**

### WEEK 3

Served w/c 16th Sept, 7th Oct, 4th Nov, 25th Nov, 16th Dec, 20th Jan & 10th Feb

- Chicken Nuggets**
- Vegetarian Veggie Burger**
- Vegetarian Diced Potatoes**
- Vegetarian Vegetable Sticks**
- Vegetarian Homebaked 50/50 Bread**
- \*\*\*\*\*
- Vegetarian Autumn Fruit Muffin**

- Vegetarian Creamy Cheesy Tomato Pasta**
- Vegetarian BBQ Rice**
- Vegetarian Medley of Vegetables**
- Vegetarian Homebaked Garlic Bread**
- \*\*\*\*\*
- Vegetarian Iced Berry Bun**

- Roast Gammon**
- Vegetarian Veggie Sausage**
- Vegetarian Gravy**
- Vegetarian Mashed Potato**
- Vegetarian Peas & Sweetcorn**
- Vegetarian Sliced Wholemeal Bread**
- \*\*\*\*\*
- Vegetarian Lemon Drizzle Cookie**

- Nacho Beef Bake**
- Vegetarian Quesadilla**
- Vegetarian Vegetable Rice**
- Vegetarian Carrots & Green Beans**
- \*\*\*\*\*
- Vegetarian Chocolate Fudge Pudding with Vanilla Sauce**

- Fish Fingers**
- Vegetarian Chilli Pitta**
- Vegetarian Chips**
- Vegetarian Ketchup**
- Vegetarian Mixed Salad & Grated Carrot**
- Vegetarian Homebaked Sunflower Seed Bread**
- \*\*\*\*\*
- Vegetarian Oat Cookie & Cheese**

Please be aware that we are unable to guarantee a completely food allergen-free environment, as foods containing allergens are used in the kitchen. Additional items may be available at your school, i.e. jacket potatoes and sandwiches. Please speak to your school for further information.