PSHE Long Term Plan

Planning - scope, coherence, sequencing and rigour



	Autumn term		Spring term		Summer term	
	Being Me In My World	Celebrating Differences	Dreams and Goals	Healthy Me	Relationships	Changing Me
	British Value Link: Individual Liberty	British Value Link: Tolerance	British Value Link: Democracy **Project each year**	British Value Link: Rule of Law	British Value Link: Mutual Respect	British Value Link: Individual Liberty
EYFS	CURRICULUM GOAL: To describe simple feelings by using a feelings chart British Value Link: Individual Liberty	CURRICULUM GOAL: To describe how to stand up for myself / say how a character could stand up for themselves	CURRICULUM GOAL: To describe how they achieved a goal and say how they feel.	CURRICULUM GOAL: To describe how to keep healthy and safe	CURRICULUM GOAL: To demonstrate what being a good friend is.	CURRICULUM GOAL: To describe their favourite thing in Foundation Stage
Year 1	CURRICULUM GOAL: To describe simple rules to follow within the classroom	CURRICULUM GOAL: To describe how they are a unique person	CURRICULUM GOAL: To reflect on success and describe how it makes them feel	CURRICULUM GOAL: To sort healthy and unhealthy behaviours.	CURRICULUM GOAL: To draw and label a self-portrait of 'incredible me'.	CURRICULUM GOAL: To describe how I have changed since being a baby.
Year 2	CURRICULUM GOAL: To describe what it looks like if rules are followed or not.	CURRICULUM GOAL: To describe similarities and differences between me and my friend	CURRICULUM GOAL: To reflect on and describe how I worked with others.	CURRICULUM GOAL: To sort healthy and unhealthy decisions and behaviours. *Link to another project	CURRICULUM GOAL: To describe what it means to feel safe / unsafe.	CURRICULUM GOAL: To describe some ways I can build independence in Y3
Year 3	CURRICULUM GOAL: To explain how rules can be followed within school (link to our 3 Rs)	CURRICULUM GOAL: To explain effective strategies to solve conflict situations	CURRICULUM GOAL: To evaluate the group task, explaining their role	CURRICULUM GOAL: To sort people, places or events into safe or unsafe	CURRICULUM GOAL: To explain their appreciation for someone special to them	CURRICULUM GOAL: To explain the changes I will make for Year 4.
Year 4	CURRICULUM GOAL: To explain the importance of why rules should can be followed within school (link to our 3 Rs)	CURRICULUM GOAL: To compare first impressions of someone with how they feel when given more information.	CURRICULUM GOAL: To evaluate the group task, explaining theirs and others' role	CURRICULUM GOAL: To explain how a person can be more assertive when faced with peer pressure	CURRICULUM GOAL: To design a memory box and decide what to put in it, explaining choices	CURRICULUM GOAL: To explain the changes I will make and how for Year 5
Year 5	CURRICULUM GOAL: Explain why it is important to have rules and the consequences and rewards associated with following or not following it	CURRICULUM GOAL: To compare and contrast 'direct' and 'indirect' bullying scenarios.	CURRICULUM GOAL: To compare and contrast hopes and dreams of young people from another culture	CURRICULUM GOAL: To explain how you can contribute to a healthy body and mind	CURRICULUM GOAL: To compare and contrast online behaviour into categories of 'it's private', 'it's safe', 'it's unsafe	CURRICULUM GOAL: To compare and contrast the changes from Y5 to the ones I will make for Year 6
Year 6	CURRICULUM GOAL: To compare and contrast scenarios where rights have been infringed and what the associated responsibilities were.	curriculum goal: To explain how people can overcome difficulties / discrimination in order to succeed.	CURRICULUM GOAL: To compare and contrast hopes and dreams of young people from another culture to their own and explain how this makes you feel.	CURRICULUM GOAL: To compare and contrast 'healthy' and 'unhealthy' responses to stress.	CURRICULUM GOAL: To explain ways to keep safe online through a presentation for parents / carers.	CURRICULUM GOAL: To write about worries and excitement for next year and explain how to prepare for it.