Coronavirus:

A quick COVID-19 guide for Hull parents and carers

November 2020

Hull now has one of the highest Coronavirus rates in the country and hospital admissions have hit their highest level of any point throughout the pandemic.

Schools continue to follow Public Health and the Department for Education guidance on keeping children and staff safe.

However, it is vital that your family follows the guidelines overleaf, to protect our school community.

What to do if...	Action needed	Back to education & childcare
My child has COVID-19 (coronavirus) symptoms	• Child shouldn't attend education / childcare settings • Child should get a test • Whole household self-isolates while waiting for test result • Inform education / childcare setting immediately about test results	**If child's test comes back negative and well enough to be back at school** provided they have been fever free for the 48 hours before returning to education or childcare, and feel well
My child tests positive for COVID-19	• Child must not attend education / childcare settings • Child self-isolates for at least 10 days from when symptoms started (or from day of test if no symptoms) • Inform education / childcare settings immediately about test results • Whole household self-isolates for 14 days from day when symptoms started (or from day of test if no symptoms) - even if someone tests negative during those 14 days	**After 10 days, once child feels better, and has been fever-free for at least 48 hours** They can return to education or childcare after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone
Somebody in my household has COVID-19 symptoms	• Child shouldn't attend education / childcare settings • Household member with symptoms should get a test • Whole household self-isolates while waiting for test result • Inform education / childcare settings immediately about test results	**If household member test is negative, and child does not have COVID-19 symptoms**
Somebody in my household has tested positive for COVID-19	• Child shouldn't attend setting • Whole household self-isolates for 14 days from day when symptoms started (or from day of test if no symptoms) - even if someone tests negative during those 14 days	**When child has completed 14 days of self-isolation, even if they test negative during the 14 days**
NHS Test and Trace has identified my child as a 'close contact' of somebody with COVID-19	• Child shouldn't attend education / childcare settings • Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days • Rest of household does not need to self-isolate, unless they are a 'close contact' too	**When the child has completed 14 days of self-isolation, even if they test negative during those 14 days**

Hull City Council

Symptoms include at least one of: a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

If anyone in your household has symptoms, book a free COVID-19 test at nhs.uk/coronavirus or call 119